

# 2025 January



Sign-up is required for all outings to ensure there is room on the bus.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>All Activities are Subject to Change</b> (605)-697-3900 leeann.andrews@hmecare.net			<b>KEY</b> G= Grand Room P= Pub Room D= Dining Room T= Theater O= Outing	1 	2 9:00am- Chair Yoga (G) 10:30am- <b>Methodist Communion (G)</b> 2:00pm- Pokeno (D)	3 9:00am- Exercise (G) 10:30am- Cards & Games (G) 2:00pm- <b>New Year Party (D)</b>	4 2:00pm- Ice Cream Social (D)
5 6:00pm- Popcorn & Movie (T)	6 Dress Up Day: SDSU Attire 9:00am- Exercise (G) 10:30am- Bible Study (T) 2:00pm- Bingo (D)	7 9:00am- Chair Yoga (G) 10:30am- News Group (G) 2:00pm- Game: <i>Ladder Golf (G)</i>	8 9:00am- Exercise (G) 10:30am- <b>Crafts w/ LIFT (G)</b> 1:00pm- <b>Lutheran Communion (G)</b>	9 9:00am- Chair Yoga (G) 10:30am- Jigsaw Geniuses (G) 2:00pm- Pokeno (D)	10 9:00am- Exercise (G) 10:30am- Cards & Games (G) 2:00pm- <b>Get to Know: Stephanie (G)</b>	11 2:00pm- Ice Cream Social (D)	
12 6:00pm- Popcorn & Movie (T)	13 9:00am- Exercise (G) 10:30am- Bible Study (T) 2:00pm- Bingo (D)	14 9:00am- Chair Yoga (G) 10:30am- News Group (G) 2:00pm- Around the World (T) <i>China</i>	15 9:00am- Exercise (G) 10:30am- Crafter's Corner (G) 2:00pm- <b>Walmart Trip (O)</b>	16 9:00am- Chair Yoga (G) 10:30am- Jigsaw Geniuses (G) 2:00pm- Pokeno (D)	17 9:00am- Exercise (G) 10:30am- Cards & Games (G) 2:00pm- Happy Hour (G)	18 2:00pm- Ice Cream Social (D)	
19 6:00pm- Popcorn & Movie (T)	20 9:00am- Exercise (G) 10:30am- Bible Study (T) 2:00pm- Bingo (D)	21 9:00am- Chair Yoga (G) 11:00am- <b>"What is Memory Care?" (G)</b> 2:00pm- Biography Builders (G)	22 Dress Up Day: Polka Dots 9:00am- Exercise (G) 10:30am- Crafter's Corner (G) 2:00pm- <b>December Birthday Bingo (D)</b>	23 9:00am- Chair Yoga (G) 10:30am- Jigsaw Geniuses (G) 2:00pm- Pokeno (D)	24 9:00am- Exercise (G) 10:30am- Cards & Games (G) 2:00pm- Game: <i>Bean Bag Toss (G)</i>	25 2:00pm- Ice Cream Social (D)	
26 6:00pm- Popcorn & Movie (T)	27 9:00am- Exercise (G) 10:30am- Bible Study (T) 2:00pm- Bingo (D)	28 8:30am- <b>Exercise (D)</b> 9-11am- <b>Coffee on Us (G)</b> 2:00pm- Resident Council (D)	29 Dress Up Day: Red & Gold 9:00am- Exercise (G) 10:30am- Crafter's Corner (G) 2:00pm- <b>Chinese New Years Party (D)</b>	30 9:00am- Chair Yoga (G) 10:30am- Jigsaw Geniuses (G) 2:00pm- Pokeno (D)	31 9:00am- Exercise (G) 10:30am- Cards & Games (G) 2:00pm- Popcorn & Movie (T)	<p><b>Daily at 2:00pm: Refreshments and snacks in the dining room.</b></p>	

# 2025

# Memory Care JANUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>All Activities are Subject to Change</b> (605)-697-3900 leeann.andrews@hmcare.net</p>						
<p>5 6:00pm- Popcorn &amp; Movie</p>	<p>6 <i>Dress Up Day: SDSU Attire</i> 9:45am- Exercise 1:00pm- Craft Day: <i>Snowflakes</i> 2:00pm- Refreshments &amp; Snack</p>	<p>7 9:45am- Exercise 1:00pm- Game Day: <i>New Years Bingo</i> 2:00pm- Refreshments &amp; Snack</p>	<p>8 9:45am- Exercise 10:30am- Craft w/ Lift 1:00pm- Lutheran Communion 2:00pm- Refreshments &amp; Snack</p>	<p>9 9:45am- Exercise 1:00pm- Popcorn &amp; Movie 2:00pm- Refreshments &amp; Snack</p>	<p>10 9:45am- Exercise 2:00pm- <b>Get to Know: Stephanie (G)</b> 2:00pm- Refreshments &amp; Snack</p>	<p>11 2:00pm- Ice Cream Social </p>
<p>12 6:00pm- Popcorn &amp; Movie</p>	<p>13 9:45am- Exercise 1:00pm- Craft Day: <i>Snowy Owl</i> 2:00pm- Refreshments &amp; Snack</p>	<p>14 9:45am- Exercise 1:00pm- Game Day: <i>Hungry Hippos</i> 2:00pm- Refreshments &amp; Snack</p>	<p>15 9:45am- Exercise 1:00pm- <b>Scenic Rides</b> 2:00pm- Refreshments &amp; Snack</p>	<p>16 9:45am- Exercise 1:00pm- Around the World <i>China</i> 2:00pm- Refreshments &amp; Snack</p>	<p>17 9:45am- Exercise 1:00pm- Mani &amp; Mingle 2:00pm- Refreshments &amp; Snack</p>	<p>18 2:00pm- Ice Cream Social</p>
<p>19 6:00pm- Popcorn &amp; Movie </p>	<p>20 9:45am- Exercise 1:00pm- Craft Day: <i>Snow Ice Cream</i> 2:00pm- Refreshments &amp; Snack</p>	<p>21 9:45am- Exercise 1:00pm- Game Day: <i>Balloon Volleyball</i> 2:00pm- Refreshments &amp; Snack</p>	<p>22 <i>Dress Up Day: Polka Dots</i> 9:45am- Exercise 1:00pm- <b>Scenic Rides</b> 2:00pm- Refreshments &amp; Snack</p>	<p>23 9:45am- Exercise 1:00pm- Learn About: <i>Peanut Butter</i> 2:00pm- Refreshments &amp; Snack</p>	<p>24 9:45am- Exercise 1:00pm- <b>Compliment Day</b> 2:00pm- Refreshments &amp; Snack</p>	<p>25 2:00pm- Ice Cream Social</p>
<p>26 6:00pm- Popcorn &amp; Movie</p>	<p>27 9:45am- Exercise 1:00pm- Craft Day: <i>Glitter Slime</i> 2:00pm- Refreshments &amp; Snack</p>	<p>28 9:45am- Exercise 1:00pm- Game Day: <i>Parachute Fun</i> 2:00pm- Refreshments &amp; Snack</p>	<p>29 <i>Dress Up Day: Red &amp; Gold</i> 9:45am- Exercise 1:00pm- <b>Chinese New Years Party</b> 2:00pm- Refreshments &amp; Snack</p>	<p>30 9:45am- Exercise 1:00pm- <b>November Birthday Party</b> 2:00pm- Refreshments &amp; Snack</p>	<p>31 9:45am- Exercise 1:00pm- Popcorn &amp; Movie 2:00pm- Refreshments &amp; Snack</p>	