### Assisted Living

## October 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
All Activities are subject to change  [AL] Assisted Living  [MC] Memory Care  [IL] Independent Living		1 International Coffee Day 9:00am Balloon Volley (AL) 10:00am Resident Choice Games (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Walking Group (AL) 2:00pm Classic Country (MC) 2:30pm Coffee and Cookie Social Hour (AL)	2 9:00am Shuffle Board (AL) 10:00am Walking group (AL) 11:00am Exercise with Heather (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Horse Racing (AL) 7:00pm Movie (IL)	3 9:00am Golf (AL) 10:00am Walking Group (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Bingo (AL) 3:00pm Joyful Gals and Guys (AL) 4:00pm Exercise (IL)	4 World Smile Day 9:00am Exercise (AL) II:00am Catholic Communion (IL) II:45am Daily Chronicle (AL/MC) 3:30pm Sing a long (AL) 7:00pm Happy Hour (IL)	5 IO:00am Walking Group (AL) II:45am Daily Chronicle (AL/MC) 2:45 Farkle (AL) 7:00pm Movie (IL)
6 Fire Prevention Week	7 10:00 Church (RR) II:45am Daily Chronicle (AL/MC) I:15pm Bingo (AL) 2:30pm Movie (AL)	8 9:00am Arm Chair Travel to Denmark (AL) 10:00am Resident Choice Games (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Walking Group (AL) 2:00pm Trivia— Food Theme (AL)	9 Fire Prevention Day 9:00am Group Walk (AL) II:00am Exercise with Heather (AL) II:45am Daily Chronicle (AL/MC) 2:00pm Fire Safety Presentation (AL) 3:15pm See the Fire Truck (AL/MC) 7:00pm Movie (IL)	IO 9:00am Balloon Volley (AL) 10:30am Humane Society (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Bingo (AL) 2:00pm Medicare Informational Meeting (Theater) 2:30pm Mini Scarecrow Craft (AL/MC)	II 9:00am Exercise (AL) 10:00am Coffee Hour (AL) 10:00am Walmart (AL) 11:00am Catholic Communion (IL) 11:45am Daily Chronicle (AL/MC) 2:00pm Birthday Party (AL) 3:30pm Sing a long (AL) 7:00pm Happy Hour (IL)	I2 Mary M Works I0:00am Resident Choice Games (AL) II:45am Daily Chronicle (AL/MC) I:15pm Bingo (AL) 7:00pm Movie (IL)
13	14 Native American Day 9:00am Coffee and Social Hour (AL) 10:00 Church (RR) 11:45am Daily Chronicle (AL/MC) 1:15pm Bingo (AL) 2:30pm Dream Catcher (AL/MC)	15 9:00am Balloon Volley (AL) 10:00am Resident Choice Games (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Walking Group (AL) 2:30pm Puzzle Piece Fall Trees (AL/MC) 3:30pm Chit Chat (IL)	16 II:0Oam Exercise with Heather (AL) II:45am Daily Chronicle (AL/MC) I:15pm Horse Racing (AL) 2:3Opm Painting (AL) 7:0Opm Movie (IL)	17 10:00am Walking Group (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Left Right Center (MC) 1:15pm Bingo (AL) 2:30pm Ghoulish Tassel Graft (AL/MC) 4:00pm Exercise (IL)	18 9:00am Trip to Spearfish Canyon (AL/IL) 11:00am Catholic Communion (IL) 11:45am Daily Chronicle (AL/MC) 1:15pm Yahtzee (AL) 3:15pm Sing a long (AL) 7:00pm Happy Hour (IL)	19 7:00pm Movie (IL)
20	2I IO:OO Church (RR) II:45am Daily Chronicle (AL/MC) I:15pm Bingo (AL) 3:00pm Karaoke (AL)	22 9:00am Walking Group (AL) 10:00am Resident Choice Games (AL) 11:45am Daily Chronicle (AL/MC) 2:00 Bob Grimm Band (AL)	23 9:30am Muffins in the Morning (IL) 10:00am STM Day of Service (AL/MC) 11:00am Exercise with Heather (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Horse Racing (AL) 7:00pm Movie (IL)	24 9:00am YMCA Water Exercise (AL/IL) II:45am Daily Chronicle (AL/MC) I:15pm Bingo (AL) 3:00pm Mary's Choice AL)	25 Pablo Picassos Birthday/World Series Begins 9:00am Exercise [AL] 10:00am Walmart (AL) 10:00am Cubism Art (AL/MC) 11:00am Catholic Communion (IL) 11:45am Daily Chronicle (AL/MC) 12:00pm Resident Council (AL/MC) 1:15pm What am 1? (AL) 3:15pm Sing a long (AL) 7:00pm Happy Hour (IL)	26 9:00am Craft and Bake Sale (IL) I0:00am Coffee Social (AL) I:15pm Resident Choice Games (AL) 7:00pm Movie (IL)
27 Grandparents Day	28 IO:OO Church (RR) II:45am Daily Chronicle (AL/MC) I:15pm Bingo (AL) 2:30pm Movie (AL)	29 9:00am Baseball Dice Game (AL) 10:00am Resident Choice Games (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Walking Group (AL) 2:30pm Halloween Trivia and Apple Cider (AL)	30 10:00am Coffee and Donuts (AL) 11:00am Exercise with Heather (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Horse Racing (AL) 2:30pm Karaoke (AL) 7:00pm Movie (IL)	3I Halloween 10:00am Walking Group (AL) 10:00am Walmart (AL) 1I:45am Daily Chronicle (AL/MC) 1:15pm Bingo (AL) 2:30pm Halloween Movie (AL) 2:45pm 1:1 during Movies (AL/MC) 6:00pm Trick or Treat Trail (AL/MC)		Birthdays AL Don, Linda, Bruce

## Memory Care

# October 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
All Activities are subject to change AL] Assisted Living MC] Memory Care IL) Independent Living		1 International Coffee Day 9:00am Exercise (MC) 9:30am Devotional (MC) 10:00am Coffee and Donuts (MC) 11:45am Daily Chronicle (AL/MC) 2:00pm Classic Country (MC) 3:00pm Mini Golf (MC)	2 Meeting at II End of life Process 9:00am Exercise (MC) 9:30am Memory Joggers (MC) 10:00am Puzzles (MC) 11:00am Exercise with Heather (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Small Group Strolls (MC)	3 9:00am Exercise (MC) 9:30am This Day in History (MC) 10:00am Patio and Music (MC) 11:45am Daily Chronicle (AL/MC) 1:15pm Table Top Activities (MC) 3:00pm Joyful Gals and Guys (AL)	4 World Smile Day 9:30am News Paper on the Patio (MC) 10:00am Puzzles (MC) 11:45am Daily Chronicle (AL/MC) 11:15pm Card Bingo (MC) 2:00pm Balloon Volley (MC) 3:30pm Sing a long (AL)	5 9:00am Exercise 9:30 This day in History II:45am Daily Chronicle (AL/MC) I:15pm Tenzie (MC)
Fire Prevention Week	7 9:00am Exercise (MC) 10:00 Church (RR) II:45am Daily Chronicle (AL/MC) 3:00pm Karaoke (MC)	8 9:00am Exercise (MC) 9:30am Devotional (MC) 10:00am Table Top Activities (MC) II:45am Daily Chronicle (AL/MC) 2:30pm Balloon Volley (MC) 3:30pm Chit Chat (IL)	9 Fire Prevention Day 9:00am Exercise (MC) 9:30am Memory Joggers (MC) II:00am Exercise with Heather (AL) II:45am Daily Chronicle (AL/MC) I:15pm Card Bingo (MC) 3:15pm See the Fire Truck (AL/MC) 3:45pm Balloon Volley (MC)	10 9:00am Exercise (MC) 9:30am This Day in History (MC) 10:00am Humane Society (MC) 11:45am Daily Chronicle (AL/MC) 1:15pm Card Bingo (MC) 2:30pm Mini Scarecrow Craft (AL/MC)	II 9:00am Exercise (AL) 9:30am News Paper (MC) I0:00am Tenzie (MC) II:45am Daily Chronicle (AL/MC) 2:00pm Birthday Party (MC) 3:30pm Sing a long (AL)	12 Mary M Works 9:00am Exercise (MC) 9:30am This day in History (MC) 11:45am Daily Chronicle (AL/MC) 2:45pm Karaoke (MC)
3	14 Native American Day 9:00am Exercise (MC) 10:00 Church (RR) 11:45am Daily Chronicle (AL/MC) 1:15pm Left Right Center (MC) 2:30pm Dream Catcher (AL/MC)	15 9:00am Exercise (MC) 9:30am Devotional (MC) 10:00am Interactive Music (MC) 11:45am Daily Chronicle (AL/MC) 1:15pm Bingo (MC) 2:30pm Puzzle Piece Fall Trees (AL/MC)	16 9:00am Exercise (MC) 9:30am Memory Joggers (MC) II:00am Exercise with Heather (AL) II:45am Daily Chronicle (AL/MC) I:15pm Mini Golf (MC) 2:30pm Balloon Volley (MC) 6:15pm Painting (MC)	17 9:00am Exercise (MC) 9:30am This Day in History (MC) 11:45am Daily Chronicle (AL/MC) 1:15pm Left Right Center (MC) 2:30pm Ghoulish Tassel Graft (AL/MC)	18 9:00am Exercise [MC] 9:30am News Paper [MC] 10:00am Coffee on the Patio [MC] 11:45am Daily Chronicle (AL/MC) 1:15pm Balloon Volley [MC] 2:30pm Snack time Social [MC] 3:15pm Sing a long (AL)	19 7:00pm Movie (IL)
0	21 Mary M off works Saturday 9:00am Exercise (MC) 10:00 Church (RR) II:45am Daily Chronicle (AL/MC) 3:00pm Karaoke (AL)	22 9:00am Exercise [MC] 9:30am Devotional [MC] I0:00am Resident Choice Games (AL) II:45am Daily Chronicle (AL/MC) 2:00 Bob Grimm Band (AL) 3:30pm Chit Chat (IL)	23 9:00am Exercise (MC) 9:30am Memory Joggers MC) 10:00am STM Day of Service (AL/MC) 10:00am Balloon Volley (MC) 11:00am Exercise with Heather (AL) 11:45am Daily Chronicle (AL/MC) 1:00pm Bingo (MC) 2:30pm Karaoke MC)	24 9:00am Exercise (MC) 9:30am This Day in History (MC) 10:00am Table Top Activities (MC) 11:45am Daily Chronicle (AL/MC) 2:00pm Jim Gardner (MC)	25 Pablo Picassos Birthday/World Series Begins 9:30am News Paper (MC) 10:00am Cubism Art (AL/MC) 11:45am Daily Chronicle (AL/MC) 12:00pm Resident Council (AL/MC) 1:15pm Bingo (MC) 2:30pm Sensory (MC) 3:15pm Sing a long (AL)	26 9:00am Craft and Bake Sale (IL) 9:00am Exercise (MC) 9:30am This day in History II:45am Daily Chronicle (AL/MC) 3:00pm Balloon Volley (MC)
7 Grandparents Day	28 9:00am Exercise (MC) 10:00 Church (RR) 11:45am Daily Chronicle (AL/MC) 1:15pm Mini Golf (MC) 2:30pm Scenic Drive (MC)	29 9:00am Exercise (MC) 9:30am Devotional (MC) 10:00am Balloon Volley (MC) 11:45am Daily Chronicle (AL/MC) 1:15pm Bingo (MC) 2:30pm Hot Apple Cider and Craft (MC)	30 9:00am Exercise (MC) 9:30am Memory Joggers MC) 10:00am Coffee and Donuts (MC) II:00am Exercise with Heather (AL) II:45am Daily Chronicle (AL/MC) I:15pm Interactive Music (MC) 2:30pm Karaoke (AL) 7:00pm Movie (IL)	31 Halloween 9:00am Exercise (MC) 9:30am This Day in History (MC) II:45am Daily Chronicle (AL/MC) 2:30pm Halloween Movie (MC) 6:00pm Trick or Treat Trail (AL/MC)		Birthdays MC Alice Evelyn

#### Independent Living

# October 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
All Activities are subject to change AL) Assisted Living MC) Memory Care IL) Independent Living		1 International Coffee Day 9:00am Balloon Volley (AL) 9:30am Exercise (IL) 10:00am Resident Choice Games (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Walking Group (AL) 2:00pm Classic Country (MC) 2:30pm Coffee and Cookie Social Hour (AL)	2 9:00am Shuffle Board (AL) 9:30am Muffins in the Morning (IL) 10:00am Walking group (AL) 11:00am Exercise with Heather (AL) 1:15pm Horse Racing (AL) 7:00pm Movie (IL)	3 9:00am Golf (AL) 10:00am Walking Group (AL) 10:00am Walmart (IL) 1:15pm Bingo (AL) 3:00pm Joyful Gals and Guys (AL) 4:00pm Exercise (IL)	4 World Smile Day 9:00am Exercise (AL) 10:00am Puzzles (MC) 3:30pm Sing a long (AL) 7:00pm Happy Hour (IL)	5 IO:OOam Walking Group (AL) II:45am Daily Chronicle (AL/MC) 2:45 Farkle (AL) 7:OOpm Movie (IL)
				A	<b>(9)</b>	
5 Fire Prevention Week	7 9:00am Exercise (MC) 10:00 Church (RR) 1:15pm Bingo (AL) 2:30pm Movie (AL) 2:30pm Bible Study (Craft Room)	8 9:00am Arm Chair Travel to Denmark (AL) 9:30am Devotional (MC) 9:30 Exercise (IL) 10:00am Resident Choice Games (AL) 1:15pm Walking Group (AL) 2:00pm Trivia— Food Theme (AL) 3:30pm Chit Chat (IL)	9 Fire Prevention Day 9:00am Group Walk (AL) 9:30am Muffins in the Morning (IL) II:00am Exercise with Heather (AL) 2:30pm Fire Safety Presentation (Theater) 3:00pm See the Fire Truck (IL) 7:00pm Movie (IL)	10 9:00am Balloon Volley (AL) 10:30am Humane Society (AL) 10:00am Walmart (IL) 1:15pm Bingo (AL) 2:00pm Medicare Informational Meeting (Theater) 2:30pm Mini Scarecrow Craft (AL/MC) 4:00pm Exercise (IL)	II 9:00am Exercise (AL) I0:00am Coffee Hour (AL) I0:00am Walmart (AL) II:45am Daily Chronicle (AL/MC) 3:30pm Sing a long (AL) 7:00pm Happy Hour (IL)	12 10:00am Resident Choice Games (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Bingo (AL) 7:00pm Movie (IL)
3	I4 Native American Day 9:00am Coffee and Social Hour (AL) 10:00 Church (RR) II:45am Daily Chronicle (AL/MC) I:15pm Bingo (AL) 2:30pm Dream Catcher (AL/MC) 2:30pm Bible Study (Craft Room)	15 9:00am Balloon Volley (AL) 9:30 Exercise (IL) 10:00am Resident Choice Games (AL) 1:15pm Walking Group (AL) 2:30pm Puzzle Piece Fall Trees (AL/MC) 3:30pm Chit Chat (IL)	16 9:30am Muffins in the Morning (IL) II0:00am Trip to Mall (IL) II:00am Exercise with Heather (AL) I:15pm Horse Racing (AL) 2:30pm Painting (AL) 3:00pm Book Club (IL Apt 320) 7:00pm Movie (IL)	17 10:00am Walking Group (AL) 10:00am Walmart (IL) 1:15pm Bingo (AL) 2:30pm Ghoulish Tassel Graft (AL/MC) 2:30pm Resident Council (IL) 4:00pm Exercise (IL)	I8 9:00am Trip to Spearfish Canyon (AL/IL) I:15pm Yahtzee (AL) 3:15pm Sing a long (AL) 7:00pm Happy Hour (IL)	19 7:00pm Movie (IL)
20	21 IO:00 Church (RR) I:15pm Bingo (AL) 3:00pm Karaoke (AL) 2:30pm Bible Study (Craft Room)	22 9:30 Exercise (IL) 10:00am Resident Choice Games (AL) 2:00 Bob Grimm Band (AL) 3:30pm Chit Chat (IL)	23 9:30am Muffins in the Morning (IL) II:00am Exercise with Heather (AL) I:15pm Horse Racing (AL) 7:00pm Movie (IL)	24 9:00am YMCA Water Exercise (AL/IL) 10:00am Walmart (IL) 1:15pm Bingo (AL) 3:00pm Mary's Choice (AL) 4:00pm Exercise (IL)	25 Pablo Picassos Birthday/World Series Begins 9:00am Exercise (AL) 10:00am Cubism Art (AL/MC) 11:45am Daily Chronicle (AL/MC) 1:15pm What am I? (AL) 3:15pm Sing a long (AL) 7:00pm Happy Hour (IL)	26 Mary M here 9:00am Craft and Bake Sale (IL) 10:00am Coffee Social (AL) 1:15pm Resident Choice Games (AL) 7:00pm Movie (IL)
27 Grandparents Day	28 IO:OO Church (RR) I:I5pm Bingo (AL) 2:30pm Movie (AL) 2:30pm Bible Study (Craft Room)	29 9:00am Baseball Dice Game [AL] 9:30 Exercise [IL] 10:00am Resident Choice Games [AL] 1:15pm Walking Group [AL] 2:30pm Halloween Trivia and Apple Cider [AL] 3:30pm Chit Chat [IL]	30 I0:00am Trip to Farmers Market (IL) I0:00am Coffee and Donuts (AL) II:00am Exercise with Heather (AL) II:45am Daily Chronicle (AL/MC) I:15pm Horse Racing (AL) 2:30pm Karaoke (AL) 7:00pm Movie (IL)	3I Halloween 10:00am Walking Group (AL) 11:45am Daily Chronicle (AL/MC) 1:15pm Bingo (AL) 2:30pm Halloween Movie (AL) 4:00pm Exercise (IL) 6:00pm Trick or Treat Trail (AL/MC)		Birthdays AL Don, Linda, Bruce MC Alice Evelyn IL Kathy