

2024

OCTOBER

Sign-up is required for all outings to ensure there is room on the bus.



Daily at 2:00 pm: Refreshments and snacks in the dining room.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>KEY G= Grand Room P= Pub Room D= Dining Room T= Theater O= Outing</p>		<p>1 OPENING DAY!</p>	<p>2 2:00pm- Laughs with LeeAnn (P)</p>	<p>3 9:00am- Exercise (G) 2:00pm- Jam Session (G)</p>	<p>4 Dress Up Day: Brookings Bobcat 9:00am- Exercise (G) 10:30am- Hearing Aide Cleaning (G) 10:30am- FamBam (P) 2:00pm- Cards & Games (P)</p>	<p>5</p>
<p>6</p>	<p>7 Dress Up Day: SDSU Attire 9:00am- Exercise (G) 10:30am- Books and Brew (P) 2:00pm- Bingo (D)</p>	<p>8 9:00am- Chair Yoga (G) 10:30am- Queen Bees (P) 2:00pm- Bean Bag Toss(P)</p>	<p>9 9:00am- Exercise (G) 10:30am- Crafts w/ Lift (G) 12:45pm- Popcorn & Movie (T) <i>Hocus Pocus</i></p>	<p>10 9:00am- Chair Yoga (G) 10:30am- Gentleman's Club (P) 2:00pm- Pokeno (D)</p>	<p>11 Dress Up Day: SDSU Attire 9:00am- Exercise (G) 10:30am- FamBam (P) 1:30pm- Walking Club (G) 2:00pm- Ice Cream Social(D)</p>	<p>12 Dress Up Day: SDSU Attire</p>
<p>13</p>	<p>14 9:00am- Exercise (G) 10:30am- Books and Brew (P) 2:00pm- Bingo (D)</p>	<p>15 9:00am- Chair Yoga (G) 10:30am- Queen Bees (P) 2:00pm- Around the World (T) LIBRARY OUTREACH DAY</p>	<p>16 9:00am- Exercise (G) 10:30am- Bible Study (P) 2:30pm- Walmart Trip (O)</p>	<p>17 9:00am- Chair Yoga (G) 10:30am- Gentleman's Club (P) 2:00pm- Pokeno (D) 3:00pm- Jam Session (G)</p>	<p>18 Dress Up Day: Wear Pink 9:00am- Exercise (G) 10:30am- FamBam (P) 2:00pm- Happy Hour (P) 7:00pm- Bingo at VFW (O)</p>	<p>19</p>
<p>20</p>	<p>21 9:00am- Exercise (G) 10:30am- Books and Brew (P) 2:00pm- Bingo (D)</p>	<p>22 9:00am- Chair Yoga (G) 10:30am- Queen Bees (P) 2:00pm- Pumpkin Painting (G) 6:00pm- Bonfire (D)</p>	<p>23 9:00am- Exercise (G) 10:30am- Bible Study (P) 3:30pm- Grand Opening</p>	<p>24 9:00am- Chair Yoga (G) 10:30am- Gentleman's Club (P) 2:00pm- October Birthday Party (D)</p>	<p>25 Dress Up Day: Flannel 9:00am- Exercise (G) 10:30am- FamBam (P) 2:00pm- Pokeno (D) 4:00pm- Oktoberfest</p>	<p>26 Dress Up Day: SDSU Attire</p>
<p>27</p>	<p>28 9:00am- Exercise (G) 10:30am- Books and Brew (P) 2:00pm- Bingo (D)</p>	<p>29 Dress Up Day: Orange & Black 9:00am- Chair Yoga (G) 10:30am- Queen Bees (P) 2:00pm- Resident Council (D) LIBRARY OUTREACH DAY</p>	<p>30 Dress Up Day: Halloween Costume 9:00am- Exercise (G) 10:30am- Bible Study (P) 3:00pm- Trick or Treat at Peaceful Pines</p>	<p>31 Dress Up Day: Halloween Costume 9:00am- Chair Yoga (G) 10:30am- Gentleman's Club (P) 2:00pm- Halloween Party (D)</p>	<p>(605)-697-3900 leeann.andrews@hmecare.net ALL ACTIVITIES ARE SUBJECT TO CHANGE</p>	

MEMORY CARE

OCTOBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30am- Chair Yoga 1:00pm- Game Day: <i>Trivia</i> 2:00pm- Refreshments & Snack	2 9:30am- Exercise 1:00pm- Sing-A-Long 2:00pm- Refreshments & Snack	3 9:30am- Chair Yoga 12:30pm- Movie Day: <i>E.T. The Extra-Terrestrial</i> 2:00pm- Refreshments & Snack	4 Dress Up Day: Brookings Bobcat 9:30am- Exercise 1:00pm- Walking Club 2:00pm- Refreshments & Snack	5
	6	7 Dress Up Day: SDSU Attire 9:30am- Exercise 1:00pm- Craft Day: <i>Wooden Pumpkins</i> 2:00pm- Refreshments & Snack	8 9:30am- Chair Yoga 1:00pm- Game Day: <i>Balloon Volleyball</i> 2:00pm- Refreshments & Snack	9 9:30am- Exercise 10:30pm- Crafts w/ Lift 1:00pm- Scenic Rides 2:00pm- Refreshments & Snack	10 9:30am- Chair Yoga 1:00pm- Cookie Baking 2:00pm- Refreshments & Snack	11 Dress Up Day: SDSU Attire 9:30am- Exercise 1:00pm- Mani and Mingle 2:00pm- Ice Cream Social
13 	14 9:30am- Exercise 1:00pm- Craft Day: <i>Q-Tip Painting</i> 2:00pm- Refreshments & Snack	15 9:30am- Chair Yoga 1:00pm- Around the World: <i>Germany</i> 2:00pm- Refreshments & Snack	16 9:30am- Exercise 1:00pm- Scenic Rides 2:00pm- Refreshments & Snack	17 9:30am- Chair Yoga 12:30pm- Movie Day: <i>It's the Great Pumpkin, Charlie Brown</i> 2:00pm- Refreshments & Snack	18 Dress Up Day: Wear Pink 9:30am- Exercise 1:00pm- Walking Club 2:00pm- Foot Massages w/ Paula (G) 2:00pm- Refreshments & Snack	19
20	21 9:30am- Exercise 1:00pm- Craft Day: <i>Pumpkin Painting</i> 2:00pm- Refreshments & Snack	22 9:30am- Chair Yoga 1:00pm- Game Day: <i>Bean Bag Toss</i> 2:00pm- Refreshments & Snack	23 Dress Up Day: Peaceful Pines 9:30am- Exercise 1:00pm- Scenic Rides 2:00pm- Refreshments & Snack 3:30pm- Grand Opening 4:00pm- Balloon Volleyball w/ BHS Volleyball Team	24 9:30am- Chair Yoga 1:00pm- October Birthday Party 2:00pm- Refreshments & Snack	25 Dress Up Day: Flannel 9:30am- Exercise 1:00pm- Sing-A-Long 2:00pm- Refreshments & Snack 4:00pm- Oktoberfest	26 Dress Up Day: SDSU Attire
27 	28 9:30am- Exercise 1:00pm- Craft Day: <i>Cheesecloth Ghosts</i> 2:00pm- Refreshments & Snack	29 Dress Up Day: Orange & Black 9:30am- Chair Yoga 1:00pm- Game Day: <i>Picture Bingo</i> 2:00pm- Refreshments & Snack	30 Dress Up Day: Halloween Costume 9:30am- Exercise 1:00pm- Halloween Party 2:00pm- Refreshments & Snack 3:00pm- Trick or Treat at Peaceful Pines	31 Dress Up Day: Halloween Costume 9:30am- Chair Yoga 12:30pm- Movie Day: <i>Hocus Pocus</i> 2:00pm- Refreshments & Snack	(605)-697-3900 leann.andrews@hmecare.net ALL ACTIVITIES ARE SUBJECT TO CHANGE	